



WEEKLY SCHEDULE

AUGUST / AGOSTO

MONDAY

STRENGTH LAB	8:00 AM
FUSION FITNESS	9:15 AM

TUESDAY

STRENGTH LAB	8:00 AM
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WEDNESDAY

STRENGTH LAB	8:00 AM
FUSION FITNESS	9:15 AM

THURSDAY

STRENGTH LAB	8:00 AM
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FRIDAY

STRENGTH LAB	8:00 AM
FUSION FITNESS	9:15 AM

SATURDAY

SATURDAY YOGA	8:00 AM
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Please sign up in advance
\$25 + TAX PER CLASS