

# ALMARENA

## SPA

### Massage & Bodywork

#### Swedish

Soothing flow that promotes deep relaxation, improves circulation, and soothes the nervous system.

60 min \$250 / 90 min \$350

#### Deep Tissue

Intentional, restorative technique designed to ease deep muscular tension and rebalance the body.

60 min \$250 / 90 min \$350

#### Energetic Sport

An active, energizing treatment using faster movements and assisted stretching to enhance mobility, accelerate recovery, and support peak performance.

60 min \$300 / 90 min \$370

#### Reflexology

A restorative foot ritual that uses precise pressure points to release tension, improve circulation, and invite deep relaxation throughout the body.

15 min add-on \$45 / 30 min add-on \$90

**16% IVA included.**

**18% Gratuity will automatically be added to all treatments.**

### Facial Treatments

#### Almarena Hydrating Facial

A deeply nourishing treatment that replenishes moisture, restores radiance, and leaves the skin soft, plump, and luminous.

60 min \$280

#### Detox & Restorative Facial

A purifying, restorative treatment that deeply cleanses, detoxifies, and revitalizes the skin for a clearer, more balanced complexion.

60 min \$320

### Body Therapies

#### Sunkissed Restore Ritual

A cooling, soothing treatment with spirulina that calms sun-exposed skin, reduces inflammation, and restores hydration.

60 min \$325 / 90 min \$370 (adds 30 min massage)

#### Alma de Miel Ritual

A warming honey and sea salt ritual that gently exfoliates, detoxifies, and leaves the skin smooth, nourished, and glowing.

60 min \$325 / 90 min \$370 (adds 30 min massage)

**Contact us: +52 612.234.4717**

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# ALMARENA

## SPA

### Anti-Aging & Aesthetic Medicine

#### Skin Boosters, Injectables & More

Available Treatments Include:

- Botox / Neuromodulators
- Dermal Fillers & Collagen Boosters
- Injectable Regenerative Skin Therapy (PDRN & NCTF):

Injectables starting at \$130

Add-Ons: Exosomes, NCTF® 135HA, PDRN (salmon polynucleotides DNA), PB Serum Enzymes

The above treatments all require a 20-minute medical phone consultation. Appointments are confirmed once medical clearance is approved.

20 min Phone Consult \$80  
(applied to treatment cost)

#### IV Therapies

Intravenous treatments deliver fluids, vitamins, minerals, and antioxidants directly into the bloodstream for optimal absorption—supporting hydration, energy, recovery, and vitality. No consult required.

• Hydration & Recovery	45 min
	\$385
• Advanced Sports Performance & Athlete Recovery	90 min
	\$875
• NAD + Beauty & Longevity Boost	90 min
	\$650

**All pricing in USD  
16% IVA included**

#### Dr. Valentina Zambrana

Dr. Valentina Zambrana is a licensed physician in Mexico with advanced training in aesthetic, anti-aging, and regenerative medicine. She holds a Master's degree in Anti-Aging and Regenerative Medicine, with a clinical focus on non-surgical facial aesthetics, skin regeneration, and longevity-based therapies. Dr. Zambrana's approach combines medical science with personalized treatment planning, emphasizing natural results, tissue health, and overall vitality. Her work integrates cutting-edge injectable therapies, regenerative protocols, and wellness-focused medical aesthetics, always guided by careful assessment, safety, and a holistic understanding of patient needs. At Almarena, she brings a thoughtful, medically grounded approach to aesthetic and regenerative care designed to enhance both appearance and well-being.

